Kristel Englund Psychological Services Inc.

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CONSENT TO THERAPY / CONFIDENTIALITY:

A main goal of therapy is to make it as easy as possible for you/your child to talk openly with the psychologist in order to plan and implement treatment. To do this most information shared is considered private and confidential. However, there are limits to what can and should be kept private. In keeping with the guidelines of the Nova Scotia Board of Examiners in Psychology (NSBEP), these limits are as follows:

1. As a psychologist, I am professionally required to keep records of my contact with clients. These records are kept secure in a locked filing cabinet.
2. Only with permission will I send information to people involved in your/your child's care.
3. If you/your child presents a risk of safety to themselves or others, this information will be shared with appropriate parties to ensure safety measures are taken.
4. If a child under the age of 16 reports that they are, or have been, abused this must be reported to Child Protective Services.
5. If a report of elder abuse is made, this must be reported to the Department of Community Services.
6. If information is subpoenaed by the court, or an ethical complaint is investigated, information will need to be shared for these purposes.

FEE PAYMENT / MISSED APPOINTMENTS:

In keeping with NSBEP guidelines, the fee for an hourly appointment is $225.00 As a courtesy to clients on the wait list and to the psychologist, the policy concerning appointments missed or cancelled with insufficient notice will be adhered to without exception. If you require clarification of any of the terms below, please discuss this with the psychologist before signing.

I understand that appointments that cannot be kept must be cancelled/rescheduled 24 hours in advance. Monday appointments must be cancelled/rescheduled by Friday at 12 noon. Appointments scheduled on the first day following a holiday must be cancelled/rescheduled by 12 noon on the last business day before the holiday. Voicemail or email messages left after business hours or on weekends or holidays do NOT count as sufficient notice and will remain your financial responsibility.

The cost for time missed or cancelled/rescheduled WITHOUT sufficient notice rests with you. In the case of illness or inclement weather, it may be possible to arrange a telephone appointment.

Fees for missed appointments must be paid in full. The fee for missed appointments is the same as for appointments attended. This is standard practice. Receipts for missed appointments will indicate 'Missed Appointment' and may not be covered by insurers. To note them as otherwise is considered fraudulent to third party payers.

I have read, understood, and agree to the terms noted above:

_____

Client Name

_____ _____

Client (or Parent) Signature Date